

Ventilation check: Fighting mould

Information for our tenants on the subject of ventilation:

Mould is not only unsightly, but above all extremely harmful to health. The most common reason for mould in the home is excessive humidity. Regular ventilation is essential to prevent mould. But correct ventilation also needs to be learnt.

In the morning after getting up, ventilate the flat completely. Repeat several times during the day.

Open windows and all room doors wide! The air in the home is quickly exchanged by quickly airing out the flat.

The windows should remain open for 10 minutes, and in winter 5 minutes are sufficient.

No permanent ventilation with tilted windows, as a lot of heat gets outside, the walls cool down and this increases the risk of mould.

Rooms in which people spend a lot of time, where laundry is dried or water is handled a lot and rooms in which plants or aquariums are kept need to be ventilated more frequently. This includes the bathroom and kitchen, but also bedrooms and children's rooms.

Special case bathroom: There is an increased risk of mould, especially in the bathroom. After showering and bathing, you should open the bathroom window immediately to let the moist air out.



Special tip!

If the bathroom does not have a window, use towels to absorb the remaining moisture from the bathtub, shower or tiles. Dry wet towels – just like freshly washed laundry – on the balcony, terrace or in the garden if possible.
